SANTAGUIDA fine foods

Catering Menu

Your Campus and Boardroom Specialist





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IMPORTANT:

Our order desk cut off time is 12:30pm Monday – Friday for next weekday delivery.





THE PARISIENNE Pastries, coffee & juice

one portion per person.

☐ Assorted juice +\$2.75

☐ Yogurt cup +\$6.75 ☐ Whole fruit +\$3.25

Add-ons:

An assortment of muffins, danishes,

croissants, other breakfast pastries, coffee service & juice. Price is based on

■ Water pitcher (serves 8 to 10) +\$10.95

■ Water dispenser (serves 50) +\$54.75

☐ Water pitcher (serves 15 to 20) +\$17.95

\$12.95



QTY.

ATLANTICA
Bagels with smoked salmon,
dill cream cheese, coffee & juice



QTY.

Make your own – Platter of assorted bagels with smoked salmon, cream cheese, butter and jam. This combination includes premium Lavazza coffee and juice. Tea is available on request.

Add-ons:

Add-ons:

- ☐ Assorted juice +\$2.75
- ☐ Tea +\$3.25
- ☐ Yogurt cup +\$6.75
- ☐ Whole fruit +\$3.25
- Water pitcher (serves 8 to 10) +\$10.95
- ☐ Water pitcher (serves 15 to 20) +\$17.95
- Water dispenser (serves 50) +\$54.75



BUON GIORNO Pastries, coffee & juice

Fresh fruit platter along with our daily assortment of freshly baked goods that

muffins and scones. This combination

includes premium Lavazza coffee and

juice. Tea is available on request.

may include pastries, croissants, danishes,







FRITTATA COMBINATION

\$18.95

Warm Frittata with daily vegetables and herbs and fresh seasonal fruit platter.
This combination includes premium Lavazza coffee and juice. Tea is available on request. Price is based on one portion

Add-ons:	ons:
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- ☐ Assorted juice +\$2.75
- ☐ Tea +\$3.25
- Yogurt cup +\$6.75
- ☐ Whole fruit +\$3.25
- Water pitcher (serves 8 to 10) +\$10.95
- Water pitcher (serves 15 to 20) +\$17.95
- Water dispenser (serves 50) +\$54.75



- ☐ Assorted Juice +\$2.75
- Tea +\$3.25
- **□** Yogurt cup +\$6.75
- ☐ Water pitcher (serves 8 to 10) +\$10.95
- Water pitcher (serves 15 to 20) +\$17.95
- Water dispenser (serves 50) +\$54.75

\$10.75

\$11.75



FRIED EGG SANDWICH

\$18.95



QTY.

Fried egg breakfast sandwich with tomato, bacon on a French croissant roll. Served with a seasonal fresh fruit platter. This combination includes premium Lavazza coffee and juice. Tea is available upon request. Price is based on one portion per person.

Add-ons:

- ☐ Assorted juice +\$2.75
- ☐ Tea +\$3.25
- ☐ Yogurt cup +\$6.75
- Water pitcher (serves 8 to 10) +\$10.95
- Water pitcher (serves 15 to 20) +\$17.95
- Water dispenser (serves 50) +\$54.75



FRITTATA SANDWICH COMBINATION

\$18.95



Frittata breakfast sandwich with tarragon mayo, tomato, black forest ham on a French croissant roll. Served with a seasonal fresh fruit platter. This combination includes premium Lavazza coffee and juice. Tea is available upon request. Price is based on one portion per person.

Add-ons:

- ☐ Assorted juice +\$2.75
- ☐ Tea +\$3.25
- **□** Yogurt cup +\$6.75
- Water pitcher (serves 8 to 10) +\$10.95
- Water pitcher (serves 15 to 20) +\$17.95
- Water dispenser (serves 50) +\$54.75



BREAKFAST SANDWICH A LA CARTE (FRIED EGG)

Fried egg, tomato, cheddar, on a French croissant roll. Price is based on one per person.



QTY.



BREAKFAST SANDWICH A LA CARTE (FRITTATA)

Frittata, tomato, cheddar, on a French croissant roll. Price is based on one per person.





SEASONAL FRUIT PLATTER

Selection of seasonal fresh, sliced fruit. Given the market's changing fruit availability and pricing, we offer the best of the season. Price is based on one portion per person.





BREAKFAST PASTRIES

Our daily assortment of freshly baked goods that may include pastries, croissants, danishes, muffins, scones. Price is based on one portion per person.





YOGURT CUP

Individual yogurt cup with fresh fruit. Price is based on one per person.





ASSORTED JUICE





YOGURT CUP WITH FRUIT AND SIDE GRANOLA

Individual yogurt cup with fresh fruit. Price is based on one per person.



\$6.75

ASSORTED JUICE & WATER

\$2.75



QTY.



WHOLE FRUIT

Our hand selected variety of the season's best whole fruit. Given the market's changing fruit availability and pricing, we offer the best of the season in this category. Price is based on one portion per person.





PREMIUM LAVAZZA DARK ROAST COFFEE

\$2.95





TEA

\$3.25



SEASONAL FRESH FRUIT CUP (Individually Packaged)

Selection of seasonal fresh, sliced fruit in sealed fruit cup. Given the market's changing fruit availability and pricing, we offer the best of the season in this category.



\$3.25





BOTTLED WATER

\$2.95





ASSORTED COOKIES
Price is based on one per person.

QTY.

SAN ADD

COFFEE & COOKIES
Add-ons:

☐ Tea +\$2.35

\$5.90

QTY.

ASSORTED SQUARES Price is based on one per person.

\$5.25

\$2.95



CRUDITÉS & DIP Fresh vegetables & daily dip. Price is based on one portion per person. \$4.75



CHARCUTERIE BOARD
Sliced meats, cheese, chef's selection of accompaniments.

\$12.95



CHEESES
Accompanied by crackers & crisps.
Price is based on one portion per person.

IMPORTED & DOMESTIC

\$7.85



CHEESE & CRACKER WITH FRUIT PLATTER

☐ Assorted juice & pop +\$2.00

Add-ons:

☐ Coffee +\$2.35

☐ Tea +\$2.35

\$13.95





GOURMET BISCOTTI

Our selection of gourmet biscotti. These are perfect for a morning or afternoon snack. Price is based on one portion per person.

Language Tip: Biscotti is plural, meaning 2 or more and biscotto is singular, meaning 1.



SEASONAL FRESH FRUIT

Selection of seasonal fresh, sliced fruit in sealed fruit cup. Given the market's changing fruit availability and pricing, we offer the best of the season in this category.





\$7.95

\$12.95



TAPAS

Selection of daily gourmet dips and flatbreads. Price is based on one portion per person.

QTY.





SMOKED SALMON PLATTER

Smoked salmon platter with cucumber slices, whipped dill cream cheese and fresh bagels. Price is based on one portion per person.



WHOLE FRUIT

Our hand selected variety of the season's best whole fruit. Given the market's changing fruit availability and pricing, we offer the best of the season in this category. Price is based on one portion per person.



Our salads are Halal and vegetarian



ASIAN NOODLE SALAD

Dressed with sesame and soy sauce. Prices are based on one portion per person. QTY.



ITALIAN TUNA SALAD

Imported Italian tuna with beans, peppers, fennel, tomato. Prepared with a light lemon vinaigrette. Price is based on one portion per person.

QTY.





BEET SALAD (No Added Gluten)

Cookstown Organics beet salad with heirloom carrots and oranges. Dressed with extra virgin olive oil and herbs. Prices are based on one portion per person. \$7.25

\$5.95





MEDITERRANEAN SALAD (no added gluten)

With zucchini, potato, sweet peppers, broccoli. Tossed in our own red pepper dressing. Prices are based on one portion per person.

\$6.25



BROCCOLI SALAD WITH MISO

Freshly steamed broccoli with house pickled red onion, miso orange vinaigrette. Price is based on one portion per person.

\$6.25





ORGANIC GREEN SALAD

The season's best organic greens, dressed with our housemade honey balsamic vinaigrette. Prices are based on one portion per person.

Vegan Dressing 250ml
*Gluten free dressing is available.

\$5.25







PEARL COUS COUS

Israeli cous cous with fresh vegetables kale, turmeric rice wine vinaigrette. Price is based on one portion per person.

\$5.95





PASTA SALAD WITH MARKET VEGETABLES

Chef's daily selection of pasta salad with seasonal market vegetables. Tossed with lemon olive oil and herb vinaigrette. Prices are based on one portion per person.

\$5.95

QUINOA SALAD (no added gluten)

An ancient grain with chef's daily dressing. Prices are based on one portion per person.

\$6.95

QTY.



ROOT VEGETABLE SALAD (no added gluten)

Our daily selection of Ontario root vegetables perfectly roasted and seasoned with ontario maple syrup, balsamic and fresh herbs. Price is based on one portion per person.





TOMATO CUCUMBER SALAD (no added gluten)

Fresh tomatoes with crisp cucumbers and olives tossed in our signature dressing. Prices are based on one portion per person.



\$12.95

\$12.95

QTY.

QTY.

\$12.95

SLICED EGG SALAD

Sliced egg, cucumber, herbed cream cheese and arugula on a selection of bread. Price is based on one per person.

- Sandwich
- Wrap

Add-ons:

- ☐ Assorted cookies +\$2.95
- ☐ Whole fruit +\$3.25
- ☐ Premium Lavazza dark roast coffee +\$2.95



MONTREAL SMOKED BEEF

CAPRESE SANDWICH

☐ Assorted cookies +\$2.95

☐ Whole fruit +\$3.25

Caprese with tomato and bocconcini

olive oil. Price is based on one per person.

☐ Premium Lavazza dark roast coffee +\$2.95

cheese, pesto mayo and extra virgin

\$12.95



House-made Montreal smoked beef, Russian dressing, spicy mustard, house crinkle pickle, jalapeño and Havarti. Price is based on one per person.

- Sandwich
- Wrap

Add-ons:

Add-ons:

- ☐ Assorted cookies +\$2.95
- ☐ Whole fruit +\$3.25
- ☐ Premium Lavazza dark roast coffee +\$2.95



GARDEN TUNA SALAD

A delicious garden tuna salad on a selection of bread. Price is based on one per person.

- Sandwich
- Wrap

- ☐ Assorted cookies +\$2.95
- ☐ Whole fruit +\$3.25
- ☐ Premium Lavazza dark roast coffee +\$2.95



GRILLED CHICKEN

Thinly sliced, locally sourced grilled chicken with brie cheese, roasted red peppers and arugula, tarragon aioli on a selection of bread. Price is based on one per person.

■ Sandwich

■ Wrap

Add-ons:

☐ Assorted cookies +\$2.95

☐ Whole fruit +\$3.25

☐ Premium Lavazza dark roast coffee +\$2.95

\$12.95



Grilled chicken, tomato, cucumber, arugula, lemon parsley, jalapeño, Havarti and spiced mayo on a selection of bread. Price is based on one per person.

Sandwich

■ Wrap

Add-ons:

☐ Assorted cookies +\$2.95

■ Whole fruit +\$3.25

☐ Premium Lavazza dark roast coffee +\$2.95

\$12.95



\$12.95

\$13.95

GRILLED CHICKEN CAESAR WRAP

Grilled Chicken, classic caesar dressing, shredded Asiago, romaine and giardiniera. Price is based on one per person.

Add-ons:

☐ Assorted cookies +\$2.95

■ Whole fruit +\$3.25

☐ Premium Lavazza dark roast coffee +\$2.95



HALAL BEEF

Our halal beef salami with roasted red peppers, tomato, provolone, greens, lemon parsley mayo. Please indicate your selection upon checkout. Pricing is based on one per person.

■ Sandwich

■ Wrap

Add-ons:

☐ Assorted cookies +\$2.95

☐ Whole fruit +\$3.25

☐ Premium Lavazza dark roast coffee +\$2.95



ITALIAN BEEF

Roasted Wagyu beef eye of round, giardiniera, provolone, lemon parsley and spiced Mayo. Price is based on one per person.



Add-ons:

☐ Assorted cookies +\$2.95

☐ Whole fruit +\$3.25

☐ Premium Lavazza dark roast coffee +\$2.95

QTY.



SMOKED SALMON

\$15.95



Smoked salmon with sliced cucumber and herb cream cheese on a selection of bread. Price is based on one per person.

- Sandwich
- Wrap

Add-ons:

person.

Add-ons:

- ☐ Assorted cookies +\$2.95
- Whole fruit +\$3.25
- ☐ Premium Lavazza dark roast coffee +\$2.95



ROASTED TURKEY BREAST

\$1

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Roasted smoked turkey breast, Dijon mayo, tomato, arugula, smoked cheddar and spiced mayo on a selection of bread. Price is based on one per person.

- Sandwich
- Wrap

Add-ons:

- ☐ Assorted cookies +\$2.95
- ☐ Whole fruit +\$3.25
- ☐ Premium Lavazza dark roast coffee +\$2.95



GLUTEN-FREE SANDWICH Please indicate your selection upon

checkout. Pricing is based on one per

\$13.95





VEGAN SANDWICH

\$13.9

Please indicate your selection upon checkout. Pricing is based on one per person.

Add-ons:

- ☐ Assorted cookies +\$2.95
- ☐ Whole fruit +\$3.25
- ☐ Premium Lavazza dark roast coffee +\$2.95



ROASTED VEGETABLE

☐ Assorted cookies +\$2.95

■ Whole fruit +\$3.25

\$12.95



Roasted eggplant, zucchini and peppers tossed in an aged balsamic with provolone cheese on a selection of bread. Price is based on one per person.

☐ Premium Lavazza dark roast coffee +\$2.95

Add-ons:

- Assorted cookies +\$2.95
- Whole fruit +\$3.25
- ☐ Premium Lavazza dark roast coffee +\$2.95



FALAFEL WRAP

\$12.95

Chick pea fritters, romaine, cucumber, tomato, pickled red onions and spiced tahini dressing. Pricing is based on one per person.

- ☐ Assorted cookies +\$2.95
- ☐ Whole fruit +\$3.25
- ☐ Premium Lavazza dark roast coffee +\$2.95

\$15.95

QTY.



PROSCIUTTO AND PROVOLONE

Prosciutto and provolone with tomato, arugula and extra virgin olive oil. Price is based on one per person.

Add-ons:

- ☐ Greek salad +\$5.95
- ☐ Italian sodas +\$3.85



\$15.95



CHICKEN PARMIGIANA

Chicken Parmiggiana with tomato sauce and mozzarella cheese. Price is based on one per person.

Add-ons:

- ☐ Greek salad +\$5.95
- ☐ Italian sodas +\$3.85



EGGPLANT PARMIGIANA

Eggplant parmiggiana with tomato sauce and mozzarella cheese. Price is based on one per person.

- Sandwich
- Wrap

- ☐ Greek salad +\$5.95
- ☐ Italian sodas +\$3.85

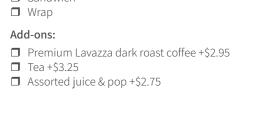
SANDWICH COMBO A with fruit & sweets

\$19.95

QTY.

Assorted sandwiches, fresh seasonal fruit and a selection of sweets. Price is based on one portion per person.

■ Sandwich





SANDWICH COMBO C with greens, fruit & sweets

\$25.95

QTY.

Assorted sandwiches, organic mixed green salad with balsamic vinaigrette, fresh seasonal fruit and a selection of sweets. Price is based on one portion per person.

■ Sandwich

■ Wrap

Add-ons:

☐ Premium Lavazza dark roast coffee +\$2.95

☐ Tea +\$3.25

☐ Assorted juice & pop +\$2.75



SANDWICH COMBO B with greens & fruit



Assorted sandwiches, organic mixed green salad with balsamic vinaigrette and fresh seasonal fruit. Price is based on portion per person.

■ Sandwich

■ Wrap

Add-ons:

☐ Assorted cookies +\$2.95

☐ Premium Lavazza dark roast coffee +\$2.95

☐ Tea +\$3.25

☐ Assorted juice & pop +\$2.75



SANDWICH COMBO D with greens, gourmet salad, fruit, sweets

\$29.95

Assorted sandwiches, organic mixed green salad with balsamic vinaigrette, gourmet salad, fresh seasonal fruit and a selection of sweets. Price is based on one portion per person.

■ Sandwich

■ Wrap

Add-ons:

☐ Premium Lavazza dark roast coffee +\$2.95

☐ Tea +\$3.25

☐ Assorted juice & pop +\$2.75



TY.			QTY.
	ORANGE TERIYAKI TOFU PROTEIN BOWL	\$21.95	

and napkin kit.

Our protein box is a great way to go easy on the carbs. Brown rice, black

\$21.95 MEDITERRANEAN PROTEIN BOWL

Our protein box is a great way to go easy on the carbs. Brown rice, curried cauliflower, black bean, fattoush salad (tomato, cucumber, radish, lettuce) and tahini dressing. Includes compostable cutlery kit.

beans, corn, carrot, cabbage and parsley dressing. Includes compostable cutlery

Our protein box is a great way to go easy on the carbs. Salmon filet with grain salad and shaved vegetables. Includes

compostable cutlery kit.

QTY.

QTY.

\$28.95



Served room temperature

A grilled chicken breast with tomato cucumbers salsa. Served with organic mixed green salad with balsamic vinaigrette and an assortment of daily sweets and fresh fruit. Price is based on one portion per person.

Add-ons:

- ☐ Premium Lavazza dark roast coffee +\$2.95
- Tea +\$3.25
- ☐ Assorted juice & pop +\$2.75



GOURMET MEAL COMBO B: Lemon & herb chicken with gourmet salad

\$32.95



Served hot

Roasted chicken breast, with lemon and herbs. Served with organic mixed green salad with balsamic vinaigrette, chef's selection gourmet salad, fresh fruit and an assortment of sweets. Served in a chafing dish to keep it hot! Price is based on one portion per person.

Add-ons:

- ☐ Imported & domestic cheeses +\$5.25
- ☐ Premium Lavazza dark roast coffee +\$2.95
- ☐ Tea +\$3.25
- ☐ Assorted juice & pop +\$2.75



GOURMET MEAL COMBO C: Salmon chimichurri

\$32.95

Served room temperature

Salmon filet with chimichurri sauce. Served with organic mixed green salad with balsamic vinaigrette, gourmet salad, fresh fruit, and an assortment of sweets. Price is based on one portion per person.

Add-ons:

- ☐ Imported & domestic cheeses +\$5.25
- ☐ Premium Lavazza dark roast coffee +\$2.95
- ☐ Tea +\$3.25
- ☐ Assorted juice & pop +\$2.75



GOURMET MEAL COMBO D: Salmon liguria

\$34.95

Served hot

Roasted salmon filet with salsa liguria. Served with organic mixed green salad with balsamic vinaigrette, chef's selection gourmet salad, fresh fruit, and an assortment of sweets. Served in a chafing dish to keep it hot! Price is based on one portion per person.

- ☐ Imported & domestic cheeses +\$5.25
- ☐ Premium Lavazza dark roast coffee +\$2.95
- ☐ Tea +\$3.25
- ☐ Assorted juice & pop +\$2.75

QTY.



\$28.95 GOURMET MEAL COMBO E: Vegetarian lasagne



Served hot

Vegetarian lasagne with san marzano tomato sauce and mozzarella cheese. Served with garlic bread, organic mixed green salad with balsamic vinaigrette, fresh fruit and an assortment of sweets. Served in a chafing dish to keep it hot! Price is based on one portion per person.

Add-ons:

- ☐ Imported & domestic cheeses +\$5.25
- ☐ Premium Lavazza dark roast coffee +\$2.95
- ☐ Tea +\$3.25
- ☐ Assorted juice & pop +\$2.75



\$31.95 GOURMET MEAL COMBO F: Meat Lasagne

Served hot

Meat lasagne with housemade bolognese beef & veal tomato sauce and Ontario mozzarella cheese. Served with garlic bread, organic mixed green salad with balsamic vinaigrette, fresh fruit and an assortment of pastries. Served in a chafing dish to keep it hot! Price is based on one portion per person.

Add-ons:

- ☐ Imported & domestic cheeses +\$5.25
- ☐ Premium Lavazza dark roast coffee +\$2.95
- ☐ Tea +\$3.25
- ☐ Assorted juice & pop +\$2.75



\$28.95 GOURMET MEAL COMBO G: Eggplant parmiggiana

Served hot



QTY.

Tender eggplant layered with san marzano tomato sauce, bread crumbs and local mozzarella cheese. Served with garlic bread, organic mixed green salad with balsamic vinaigrette, fresh fruit and an assortment of pastries. Served in a chafing dish to keep it hot! Price is based on one portion per person.

Add-ons:

- ☐ Imported & domestic cheeses +\$5.25
- ☐ Premium Lavazza dark roast coffee +\$2.95
- ☐ Tea +\$3.25
- ☐ Assorted juice & pop +\$2.75

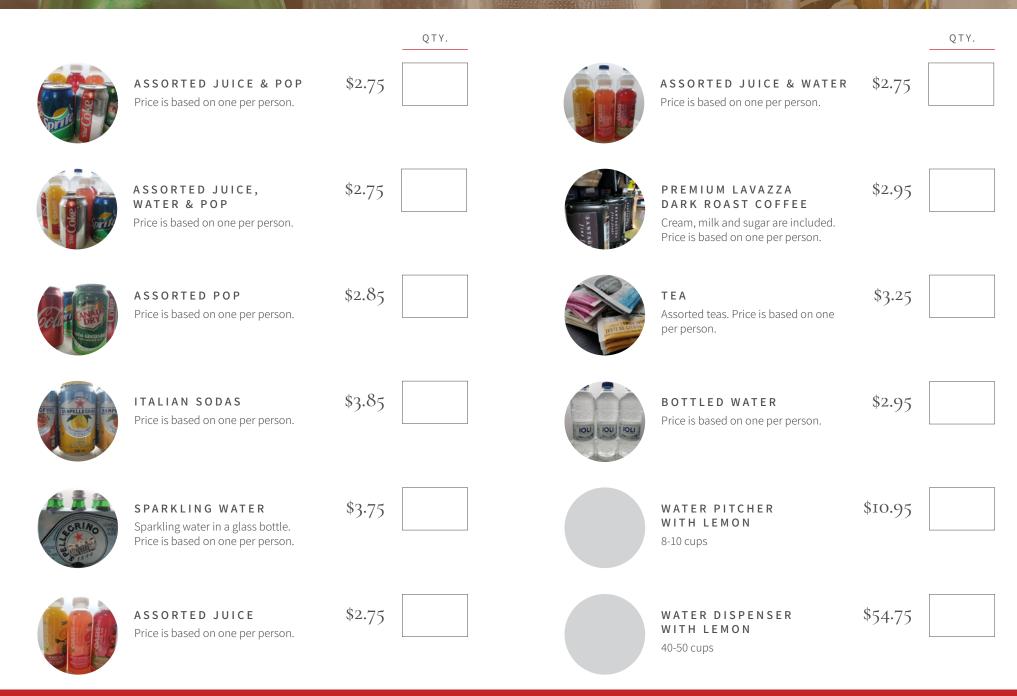
GOURMET MEAL COMBO K: \$32.95

Chicken parmiggiana

Served hot

Tender Chicken Parmiggiana with tomato sauce and Ontario mozzarella cheese. Served with garlic bread, organic mixed green salad with balsamic vinaigrette, fresh fruit and an assortment of pastries. Served in a chafing dish to keep it hot! Price is based on one portion per person.

- ☐ Imported & domestic cheeses +\$5.25
- ☐ Premium Lavazza dark roast coffee +\$2.95
- ☐ Tea +\$3.25
- ☐ Assorted juice & pop +\$2.75



GASS