\$12.95

\$12.95

QTY.

QTY.

\$12.95

Caprese with tomato and bocconcini cheese, pesto mayo and extra virgin olive oil. Price is based on one per person.

Add-ons:

☐ Assorted cookies +\$2.95

CAPRESE SANDWICH

- Whole fruit +\$3.25
- ☐ Premium Lavazza dark roast coffee +\$2.95



SLICED EGG SALAD

Sliced egg, cucumber, herbed cream cheese and arugula on a selection of bread. Price is based on one per person.

- Sandwich
- Wrap

Add-ons:

- ☐ Assorted cookies +\$2.95
- ☐ Whole fruit +\$3.25
- ☐ Premium Lavazza dark roast coffee +\$2.95



MONTREAL SMOKED BEEF

Price is based on one per person.

\$12.95



- Sandwich
- Wrap

Add-ons:

- ☐ Assorted cookies +\$2.95
- ☐ Whole fruit +\$3.25
- ☐ Premium Lavazza dark roast coffee +\$2.95



GARDEN TUNA SALAD

A delicious garden tuna salad on a selection of bread. Price is based on one per person.

- Sandwich
- Wrap

Add-ons:

- ☐ Assorted cookies +\$2.95
- ☐ Whole fruit +\$3.25
- ☐ Premium Lavazza dark roast coffee +\$2.95



GRILLED CHICKEN

\$12.95

Thinly sliced, locally sourced grilled chicken with brie cheese, roasted red peppers and arugula, tarragon aioli on a selection of bread. Price is based on one per person.

■ Sandwich

■ Wrap

Add-ons:

☐ Assorted cookies +\$2.95

☐ Whole fruit +\$3.25

☐ Premium Lavazza dark roast coffee +\$2.95





Grilled chicken, tomato, cucumber, arugula, lemon parsley, jalapeño, Havarti and spiced mayo on a selection of bread. Price is based on one per person.

Sandwich

■ Wrap

Add-ons:

☐ Assorted cookies +\$2.95

■ Whole fruit +\$3.25

☐ Premium Lavazza dark roast coffee +\$2.95





QTY.

Grilled Chicken, classic caesar dressing, shredded Asiago, romaine and giardiniera. Price is based on one per person.

Add-ons:

☐ Assorted cookies +\$2.95

■ Whole fruit +\$3.25

☐ Premium Lavazza dark roast coffee +\$2.95



HALAL BEEF

\$13

8.95	

Our halal beef salami with roasted red peppers, tomato, provolone, greens, lemon parsley mayo. Please indicate your selection upon checkout. Pricing is based on one per person.

■ Sandwich

■ Wrap

Add-ons:

☐ Assorted cookies +\$2.95

☐ Whole fruit +\$3.25

☐ Premium Lavazza dark roast coffee +\$2.95



ITALIAN BEEF

\$12.0

95	
"	

Roasted Wagyu beef eye of round, giardiniera, provolone, lemon parsley and spiced Mayo. Price is based on one per person.

Add-ons:

☐ Assorted cookies +\$2.95

☐ Whole fruit +\$3.25

☐ Premium Lavazza dark roast coffee +\$2.95

QTY. QTY. \$15.95 \$12.95 SMOKED SALMON ROASTED TURKEY BREAST Smoked salmon with sliced cucumber Roasted smoked turkey breast, Dijon and herb cream cheese on a selection mayo, tomato, arugula, smoked cheddar of bread. Price is based on one per person. and spiced mayo on a selection of bread. Price is based on one per person. ■ Sandwich ■ Wrap Sandwich ■ Wrap Add-ons: Add-ons: ☐ Assorted cookies +\$2.95 ■ Whole fruit +\$3.25 ☐ Assorted cookies +\$2.95 ☐ Premium Lavazza dark roast coffee +\$2.95 ☐ Whole fruit +\$3.25 ☐ Premium Lavazza dark roast coffee +\$2.95 \$13.95 \$13.95 GLUTEN-FREE SANDWICH VEGAN SANDWICH Please indicate your selection upon Please indicate your selection upon checkout. Pricing is based on one per checkout. Pricing is based on one person. per person. Add-ons: Add-ons: ☐ Assorted cookies +\$2.95 ☐ Assorted cookies +\$2.95 ☐ Whole fruit +\$3.25 ■ Whole fruit +\$3.25 ☐ Premium Lavazza dark roast coffee +\$2.95 ☐ Premium Lavazza dark roast coffee +\$2.95 \$12.95 \$12.95 ROASTED VEGETABLE FALAFEL WRAP Roasted eggplant, zucchini and peppers Chick pea fritters, romaine, cucumber, tossed in an aged balsamic with provolone tomato, pickled red onions and spiced cheese on a selection of bread. Price is based tahini dressing. Pricing is based on one on one per person. per person. Add-ons: Add-ons: ☐ Assorted cookies +\$2.95 ☐ Assorted cookies +\$2.95 ■ Whole fruit +\$3.25 ☐ Whole fruit +\$3.25 ☐ Premium Lavazza dark roast coffee +\$2.95 ☐ Premium Lavazza dark roast coffee +\$2.95

\$15.95

QTY.



PROSCIUTTO AND PROVOLONE

Prosciutto and provolone with tomato, arugula and extra virgin olive oil. Price is based on one per person.

Add-ons:

- ☐ Greek salad +\$5.95
- ☐ Italian sodas +\$3.85



\$15.95



CHICKEN PARMIGIANA

Chicken Parmiggiana with tomato sauce and mozzarella cheese. Price is based on one per person.

Add-ons:

- ☐ Greek salad +\$5.95
- ☐ Italian sodas +\$3.85



EGGPLANT PARMIGIANA

Eggplant parmiggiana with tomato sauce and mozzarella cheese. Price is based on one per person.

- Sandwich
- Wrap

Add-ons:

- ☐ Greek salad +\$5.95
- ☐ Italian sodas +\$3.85

\$25.95

\$29.95

QTY.

SANDWICH COMBO A

\$19.95

\$21.95



QTY.

Assorted sandwiches, fresh seasonal fruit and a selection of sweets. Price is based on one portion per person.

■ Sandwich

with fruit & sweets

■ Wrap

Add-ons:

☐ Premium Lavazza dark roast coffee +\$2.95

☐ Tea +\$3.25

☐ Assorted juice & pop +\$2.75



SANDWICH COMBO C with greens, fruit & sweets

Assorted sandwiches, organic mixed green salad with balsamic vinaigrette, fresh seasonal fruit and a selection of sweets. Price is based on one portion per person.

Sandwich

■ Wrap

Add-ons:

☐ Premium Lavazza dark roast coffee +\$2.95

☐ Tea +\$3.25

☐ Assorted juice & pop +\$2.75



SANDWICH COMBO B with greens & fruit

Assorted sandwiches, organic mixed green salad with balsamic vinaigrette and fresh seasonal fruit. Price is based on portion per person.

■ Sandwich

■ Wrap

Add-ons:

☐ Assorted cookies +\$2.95

☐ Premium Lavazza dark roast coffee +\$2.95

☐ Tea +\$3.25

☐ Assorted juice & pop +\$2.75



SANDWICH COMBO D with greens, gourmet salad, fruit, sweets

Assorted sandwiches, organic mixed green salad with balsamic vinaigrette, gourmet salad, fresh seasonal fruit and a selection of sweets. Price is based on one portion per person.

■ Sandwich

■ Wrap

Add-ons:

☐ Premium Lavazza dark roast coffee +\$2.95

☐ Tea +\$3.25

☐ Assorted juice & pop +\$2.75

